

# United Way of Central Illinois

## 2023-2026 Basic Needs Investments

Supporting a safety net of food & shelter for our community's most vulnerable members

**Total Basic Needs Investments: \$207,979**



### **Catholic Charities of the Diocese of Springfield in Illinois**

St. John's Breadline

St. John's Breadline is a congregate meal site, providing two meals per day Monday through Saturday and one meal on Sunday. Meals are served 365 days per year within a hospitable and positive environment that respects the dignity of the individual. These healthy and well-balanced meals provide food security to the hungry and often homeless members of the community.

Not only is the Breadline a safe place to ease physical hunger, it is a community center where the most vulnerable members of the community can socialize, build friendships, and access a myriad of social services through contact with agency staff, offering a lifeline while also fostering a sense of belonging.

### **Contact Ministries**

Emergency Shelter for Women  
and Women with Children

This program is designed to provide refuge for women and their children facing homelessness as a result of a crisis in their lives. It is noteworthy that Contact Ministries accommodates girls and boys up to the age of 17, making it a distinct emergency shelter within Sangamon County.

Contact Ministries is committed to serving homeless women and children without discrimination, ensuring equal support regardless of race, creed, sexual orientation, religion, or ethnicity. By offering a safe and inclusive environment, they play a crucial role in assisting vulnerable individuals and families during their time of need.

### **Helping Hands of Springfield, Inc.**

Emergency Shelter and Support  
Services/Threshold

Helping Hands is a prominent program that operates as the primary men's shelter in Springfield. The program offers crucial emergency shelter services to men aged 18 and above who find themselves without a home.

Each night, individuals in need are provided with a safe refuge, including a bed, access to showers, and two nutritious meals. By addressing the immediate needs of those experiencing homelessness, Helping Hands plays a vital role in offering a temporary respite and support during challenging times.



## Mini O'Beirne Crisis Nursery

### Crisis Nursery Core Program

The Crisis Nursery is a vital service that offers emergency childcare for children up to 7 years old. This program ensures that the Nursery's hotline remains fully operational, providing round-the-clock assistance and enabling the facility to be staffed at all times.

Through the program, trained caregivers are available to provide nurturing care to children in crisis situations. Additionally, crisis support services are readily accessible for individuals and families in need. The Crisis Nursery plays a crucial role in safeguarding the well-being of young children and providing a reliable source of assistance during challenging times.

## Senior Services of Central Illinois, Inc.

### Daily Bread

This agency offers a valuable service by providing nutritious meals to seniors who are unable to prepare their own food and are unable to visit one of the congregate meal sites supported by Daily Bread. This program extends its support by delivering home-cooked meals directly to seniors in need.

While there is no mandatory fee for the meals, a suggested donation of \$3 per meal is welcome from those who are able to contribute. Though the average client tends to be females over 70 years old facing age-related health challenges, the program is open to any individual aged 60 or older, regardless of gender or specific health conditions.

## Sojourn Shelter and Services

### Adult and Children Shelter

This agency is a vital resource that offers emergency shelter for adult and child survivors of domestic violence. The shelter provides 32 beds 24 hours a day, 365 days a year, extending their assistance to individuals and families regardless of gender, race, age, or income within Sangamon and Menard County.

In addition to shelter provisions such as food, clothing, and personal care items, Sojourn's comprehensive services include crisis management, counseling, court advocacy, and legal support, all free of charge.

Many clients who seek their help are experiencing economic hardship and have limited resources, especially after living with routine physical assaults, threats/attempts on their lives, and severe isolation and degradation. Sojourn aims to empower survivors by first providing a safe environment, then helping them achieve financial stability, supporting an independent life free from violence.